

To
The Commanding officer,
61 Meghalaya Girls Bn NCC,
Shillong

Subject: Report on activities observed on Anti-Tobacco Day

Sir ,

With reference to your letter Ref no:132/SS/TRG/NCC Dated 04th May 2022, I am enclosing herewith the Report for the activities conducted along with Documentary Proof (Photos and Videos) for your perusal

Thanking You,

Sd/-

Lt A L Mawphlang

ANO- Shillong Commerce College

Copy: To The Principal, Shillong Commerce College

Report on the ANTI-TOBACCO Day

Date: 28th May 2022

Total Cadets Present: 39 SW, 35 SD

Theme: Tobacco- Threat to our Environment.

As part of the Social Service and Community Development, the Anti-Tobacco Awareness Drive in the college was observed few days prior to the actual date i.e. 31st May 2022, as the date coincides with the Cadets study leave for their University Exam.

World No Tobacco Day is observed on May 31 every year to highlight the risk associated with the use of tobacco. The annual campaign is an opportunity to raise awareness of the harms caused by tobacco products to people and to help reduce its use and protect public health, communities and the environment.

The NCC College Wing, has conducted a Signature Campaign in and around the College and a Drawing and Painting Competition which is open to all students of the College. The cadets along with other students has enthusiastically participated in both activities. Prize money of Rs 1500, Rs 1000 and Rs 500 were given to the 1st three winners of the competition.



NCC WING
SHILLONG COMMERCE COLLEGE, SHILLONG
ANTI - TOBACCO AWARENESS DRIVE
MAY 28, 2022
VENUE : SHILLONG COMMERCE COLLEGE



THEME : TOBACCO-THREAT TO OUR ENVIRONMENT



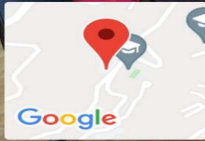
Drawing Competition

NCC Wing Shillong Commerce College will be conducting a Drawing/Painting competition open to all the Students tomorrow the 28th May 2022 .

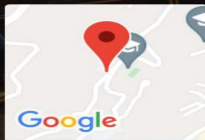
Theme: Tobacco- Threat to our Environment
Time: 11:00 AM - 12:00 Noon
Venue: Conference Hall

1st Prize: Rs 1500
2nd Prize: Rs 1000
3rd Prize: Rs 500

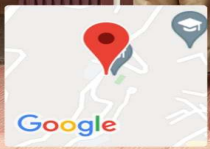
*Students are to bring their own requirements



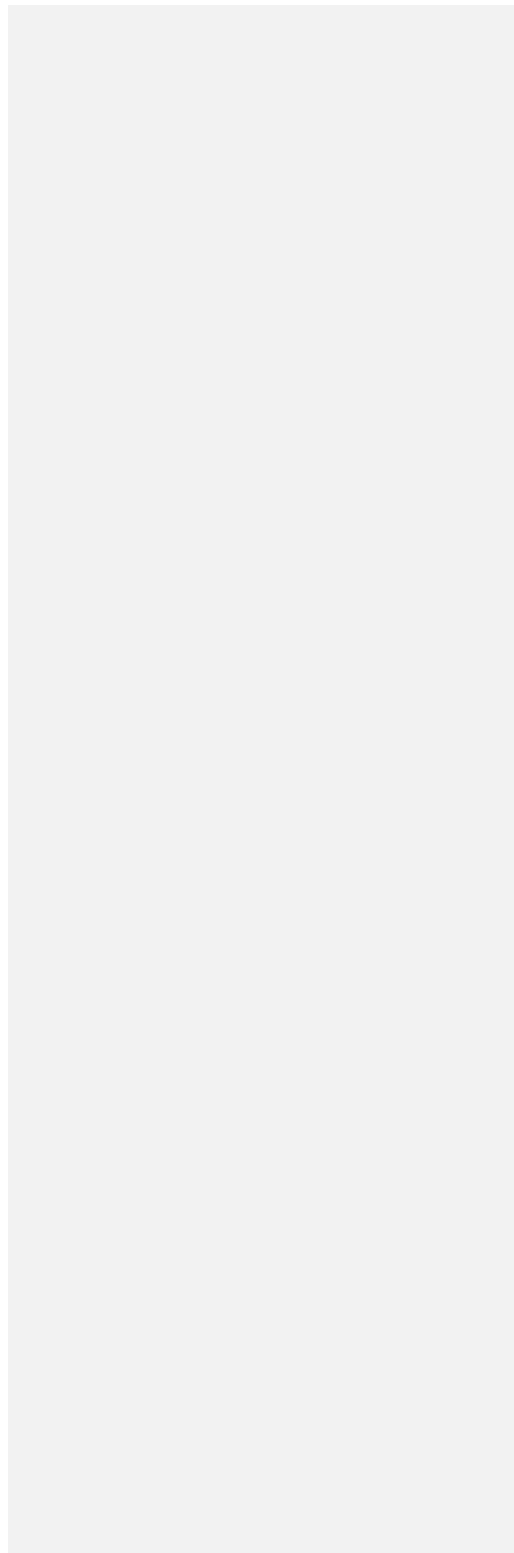
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HVFV+43F, Laitumkhrah, Shillong, Meghalaya 793003, India
Lat 25.573112°
Long 91.89241°
28/05/22 11:11 AM



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28/05/22 11:05 AM



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India
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Result of the Drawing/Painting
Competition held on the 28th May 2022

1st Prize Reevilbert Lyngkhoi BCom 2nd
semester.

2rd Prize Noberti Lyngdoh Bcom 4th
Semester

3rd Prize Lebitikus Ch Marak XII

Congratulation to all the Winners and
Better luck next time to all the other
Participants.

Please collect the prize money from Ms
A L Mawphlang, from the Commerce
staff room whenever its possible.

NSS: REPORT

WORLD NO TOBACCO DAY

DATE: 31ST MAY 2022

NSS unit of Shillong Commerce College observe World No Tobacco Day on the 31st MAY 2022 by organising an awareness talk, the resource person for the awareness talk was Dr. Alymer Dkhar, he has highlighted the ill-effects of tobacco on human body and mind. After the talk the NSS volunteers march for a rally which started from College and move towards Barik Point via Donbosco square, Cathedral and Dhanketi and returned back to the College through BSNL and ALL India Radio. Students in the rally display posters and slogan on the said theme. There were 107 NSS Volunteers who participated for the rally.

W. Dkhar,
NSS P.O





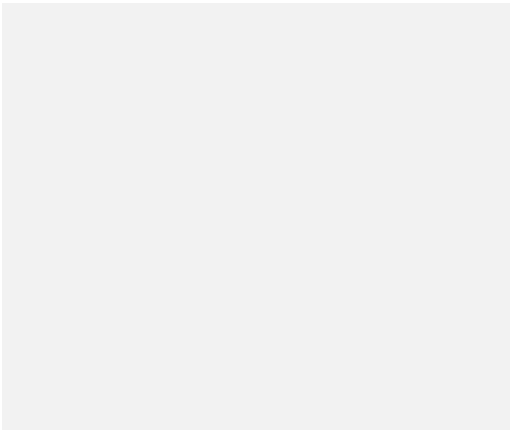
NSS: REPORT
INDEPENDENCE DAY RUN
DATE: 6TH AUGUST 2022

The NSS unit of Shillong Commerce College, in order to commemorate **75 Azadi ki Amrit Mohatsav** organised a Run and **Tiranga Yatra** on the 6th of August 2022 from Shillong Commerce College passing through an Iconic Place '**Ward's Lake**'. Thereafter the NSS Volunteers walks down to Polo and taking a B.K Bajoria Road to reach back to the College.

There were 112 NSS volunteers and 16 teachers who participated for the **Tiranga Yatra/Run**. It may be mentioned here that after the programme, all participants and Teachers were given the National Flag as part of **Har Ghar Tiranga** to instill patriotism in the heart of citizens by inspiring them to hoist the National Flag in their respective houses.

Sd/-

W.Dkhar,
NSS, Programme Officer,
Shillong Commerce College
Shillong.





**NSS: REPORT
INTERNATIONAL YOGA DAY
DATE: 21ST JUNE 2022**

The NSS Unit of **Shillong Commerce College** observed **International Yoga Day** on the 21st of June 2022. Smti. Chinmoyee Gupta Roy, a trained instructor from He-man Physical Institute, Jail Road, Shillong demonstrated many yoga exercises that will help physically and mentally. There were 105 participants participated in the said programme. Feedback collected from students was positive and convincing.



Commented [AL1]:



PRESS RELEASE

The NSS unit of Shillong Commerce College Observed **World Environment Day** on the 4th of June 2022 by holding an awareness talk on the theme '**only one Earth**'. The Principal, Dr (Mrs.) S.Sen and W.Dkhar (NSS Programme Officer) being the resource persons of the awareness talk, thereafter students planted flowers in and around the College campus. On the very same day, NSS of the College launch the 'Eco Club' and the main purpose of this club is to enhance greeneries in and outside the college campus.

